

WAYPOINTS	
MEGEL	: 522057.94N 0020425.20E
DITOB	: 521701.15N 0119427.08E
RINIS	: 515429.66N 021920.82E
XAMAN	: 514704.77N 0021326.94E
TOSVA	: 514037.40N 0020426.34E
IDESI	: 515351.74N 0115308.08E
LAPRA	: 520707.18N 011236.45E
LABBOT	: 520058.00N 000358.49E

**DESCENT PLANNING**  
Pilots should plan for possible descent clearance as detailed in the table

**ACTUAL DESCENT CLEARANCE BE AS DIRECTED BY ATC.**

**WARNING**  
**Do not proceed beyond ABBOT**  
**without ATC clearance.**

**GENERAL INFORMATION**

- 1 Standard Routes may be varied at the discretion of ATC.
- 2 Where to maximum speed limits where specified by waypoint constraints.
- 3 Aircraft may be instructed "Direct to" (waypoint) following radar vectoring.
- 4 The routes shown also apply to aircraft inbound to **Cambridge**.
- 5 En route holding may be required at **LAPRA** as directed by ATC.

**ADDITIONAL RNAV DATA**

**MESEL 1A DME/DME only procedure: critical navaid is DVOR DME.**